

New Wave Swim Club, Inc.

Nor'Easter Classic

Costello Gymnasium and Pool

University of Massachusetts – Lowell School Campus, Lowell, Massachusetts

261 Riverside Street, Lowell, Massachusetts

January 20- 22, 2012

Sanctioned by NE Swimming #NE-12-03 TT

Meet Director: Denise Veenstra (VP@newwaveswimclub.com, 978-649-8589)

Meet Referee: Ken Galica (kennethgalica@gmail.com, 978-808-0328)

Entry Chairperson: Denise Veenstra (entrychair@newwaveswimclub.com) 978-649-8589)

For the most up-to-date information about warm-up schedules, timing needs and/or “day of the meet” weather or emergency notices, access New Wave Swim Club, Inc.’s web site at www.NewWaveSwimClub.com.

MEET SCHEDULE: Friday evening distance session: 6:00 pm warm-up, 6:30 pm start. Morning sessions: 7:00 am warm-up, 8:30 am start. Afternoon sessions: 1:00 pm warm-up, 2:00 pm start. Start times may be modified by meet management once all entries are received. Teams will be notified of exact times in case this change does occur.

MEET FORMAT: The meet will be swum as timed-finals. Each session will be seeded by computer based on positive check-in at the beginning of each session. Coaches will receive a positive check-in sheet before each session, which must be returned no later than 30 minutes before the beginning of the session. Heat sheets will be posted around the pool deck. Coaches will be able to pick up heat sheets for each event at the control office. The 1650 freestyle will be swum fast-to-slow, alternating heats of women and men. Only events 500 yards or longer may be swum 2 per lane. If swimming two per lane, the swimmers start the first heat on the right and then the second heat starts 15 seconds later on the left. Swimmers must provide their own timer for events 400 yards or longer.

SITE: The pool in the Costello Gymnasium is a six (6) lane, twenty-five (25) yard pool with seven-foot-wide lanes and non-turbulent lane lines. The pool is equipped with a fully-automatic Colorado Time Systems electronic timing with touchpads at the finish end of the pool and a seven (7) line electronic display. There are no touchpads at the turn end of the pool. The start and finish end of the pool is twelve (12) feet deep; the turn end of the pool is four (4) feet deep. There is spectator seating for approximately two hundred and sixty (260). The pool is located on the campus of the University of Massachusetts – Lowell in the Costello Gymnasium located at 261 Riverside Street, in Lowell Massachusetts 01854. Please enter through the side entrance next to the pool. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).

COURSE: Short course yards (25 yards).

CUT PROTOCOL: If a session is over-subscribed, the following cuts will be made in this order:

1. Relays will be cut
2. Swimmers will be asked to cut down to 4 events

RESERVE THE RIGHT TO MAKE CHANGES: Changes can be made to the meet invitation before the meet, only with the approval of the Technical Chair, Mariella Allard. If changes need to be made once the meet begins, the Meet Committee will make the decision, after consulting with the Technical Chair, and will present it to the coaches at a coaches meeting for a vote.

MEET COMMITTEE: The meet committee should be made up of the Meet Director, Meet Referee, two coaches, and one athlete. The five members should be from separate teams.

WEATHER PROTOCOL: If weather or facility conditions make it impossible to follow the original timeline of events, the Meet Director and Meet Referee have a right to make changes to the meet sessions. The Meet Director will notify the teams of the changes with as much notice as possible. **Cancellation of the meet, or session,** is a decision of the Meet Director, Meet Referee and the Meet Committee

ELIGIBILITY All swimmers must be 2011/2012 registered swimmers with New England Swimming. Swimmers may register with Carol Healey, PO Box 920133, Needham, MA 02492: office@neswim.com Age is determined by the age of the swimmer the first day of the meet and must be shown on the entry form. All coaches on deck must be registered with USA Swimming and display their coach membership cards.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

REGISTRATIONS: Swimmers must be registered before the entry is submitted. Teams that enter unregistered swimmers will be subject to a fine of \$100 per unregistered swimmer. Teams are **required** to check their entries with the online registration check tool on the New England Swimming web site: www.neswim.com

DECK REGISTRATIONS: We will accept on deck registrations at this meet, for any unregistered swimmer that wants to swim, as long as there is a completed registration form, proof of age, and a check made out to New England Swimming for \$75.00. Entry fee for on-deck entries is \$7.00 per event.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability, as defined by USA Swimming Rules and Regulations, may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee and meet director of any disability prior to competition.

EVENTS and SESSIONS: See attached list.

ENTRY INFORMATION: Entries will be accepted on and after September 1, 2011. Entries received before September 1, 2011 will be considered received on September 1, 2011. Entries must be received no later than January 8, 2012. Make checks payable to "New Wave Swim Club, Inc". Mail completed forms (including signed entry cover page and waiver) and payment to the entry chairperson: Denise Veenstra, New Wave Swim Club, Inc., Post Office Box 524, Lowell, MA 01853. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. No deck entries will be accepted. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry. *Any swimmer who is entered with incorrect swimmer information, or an incorrect or no ID, or is unregistered, will be scratched from the meet until corrections are made per the New England policy. New Wave Swim Club will limit the splashes in the meet to 3300. New Wave Swim Club will reserve 75% (2475) for its own team and any other teams (New England and/or out of district) that it may want to invite to the meet. The other 25% (825) of the splashes will be open to other teams to submit entries. If on the first day of acceptance, those meet entries exceed the 25% still available in the meet, there will be a lottery of those teams. The lottery will be run by the New England Office.*

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chairperson at entrychair@newwaveswimclub.com. Please check that your team name, address, and contact information are listed correctly in this file. For email entries, payment and hardcopy of the entry (including signed entry cover page and waiver) must be received within four (4) days, excluding Sundays and holidays, of receipt of the email entry. If payment is received within four (4) days, excluding Sundays and holidays, of the email entry, the email receipt date will be considered the date of entry. If payment is received more than four

(4) days, excluding Sundays and holidays, after the email entry, the payment receipt date will be considered the date of entry.

ENTRY LIMITS: Athletes may enter and swim in a maximum of 5 events per day for timed final events, or 3 per day for trials/finals events. Time Trials count in the per day event count.

ENTRY TIME UPDATES: Entry times may be updated until seven (7) days prior to the first day of the meet. No new entries will be accepted after the January 8, 2012 entry deadline. Entry time updates should be sent via email to the entry chairperson at entrychair@newwaveswimclub.com. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

ENTRY FEES: Electronic entries: \$4.00 for individual events, \$16.00 for relays. Non-electronic entries: \$4.50 for individual events, \$18.00 for relays. The Swimmer Participation Fee is \$5.00 per swimmer.

ENTRY TIMES: All entries must be specified in short-course yard (25-yard pool) times. Meter times must be converted to yard times. (Coach's times should be used instead of NT's) All USA swimmers will have times entered into USA Swims program.

ENTRY CUTS: Entry cuts, if necessary, will be made by the date of receipt. Teams will be notified that they have been accepted or cut from the meet within seven days of receipt of entry. If the meet becomes oversubscribed, a random selection of those entries received on the date the meet becomes oversubscribed will be conducted in accordance with New England Swimming guidelines. Teams that are cut from the meet will have their entry fee returned within four (4) days of being cut.

25-YARD EVENTS: If Twenty-five (25)-yard events are run, they may start at the turn end of the pool. There are no starting blocks at the turn end of the pool. Swimmers will dive in from the wall or start from the water. Alternatively, meet management may decide that any twenty-five (25) yard events will be from the start end of the pool and timed with two (2) manual watches.

PROGRAMS: \$2.00 per session..

ADMISSION: \$1.00 per session.

WARMUPS: The pool will open for warm-ups one-hour before the beginning of each session. The pool will close five minutes before the beginning of each session. Teams may be assigned warm-up lanes after all entries are received. No diving will be permitted in any part of the pool during warm-ups except in designated sprint lanes identified by the meet referee.

OFFICIALS AND TIMERS: Volunteer officials are appreciated. Please include with your entry a list of your team's eligible officials, their phone numbers, and the session(s) they are available to work. The Referee for this meet will be Ken Galica, and officials are encouraged to contact Ken at 978-808-0328 (mobile) or email at KennethGalica@gmail.com before the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes.
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No camera cell phones are permitted in the locker rooms.

RULES: 2012 USA Swimming rules will govern all competition. Decisions by the meet referee will be final unless a written protest is lodged within 30 minutes of the heat swum. All swimmers, coaches and officials will follow the USA Swimming code of conduct under article 304 of the USA Swimming rules and regulations. Any violation of such policy will be reported to the Meet Referee and the New England Swimming office for further review and/or action.

TIME TRIALS: Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows. Time trials are \$5.00 for individual events, and \$20.00 for relays.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff are permitted on the pool deck. All non-athletes on the pool deck must display their USA Swimming registration card at all times. Individuals without their USA Swimming registration card will be removed from the pool deck, and will be subject to a fine by New England Swimming.

SCORING: The meet will not be scored.

AWARDS: Ribbons will be awarded to the top six finishers in each individual event for the swimmers ages 12 and under.

FOOD: A concession stand will be in operation for the duration of the meet.

EQUIPMENT VENDOR: A swimming equipment vendor will be selling suits, goggles, and other accessories for the duration of the meet.

MISCELLANEOUS: New Wave Swim Club, Inc., the University of Massachusetts – Lowell, and the City of Lowell assume no responsibility for lost or stolen property. Pets of any kind and smoking are not permitted within the facility.

PARKING: There is ample parking available in the commuter parking lot off Riverside Street adjacent to the Costello Gymnasium and pool.

DIRECTIONS:

Traveling North on Route 3:

Take exit 30B to the Lowell Connector and follow the directions below.

Traveling South on Route 3:

Take exit 30A for I-495 North. Immediately take exit 35C for the Lowell Connector. Follow the directions below.

Traveling on I-495 North or South:

Take exit 35C to the Lowell Connector. Follow the directions below.

To UMass Lowell North and the Costello Gymnasium and Pool from the Lowell Connector:

From the Connector, take Exit 5B onto Thorndike St. After four traffic lights (1/2 mile), Thorndike St. bears right and becomes Dutton St. Continue on Dutton St. about 1/2 mile to Merrimack Street by City Hall. Proceed straight onto Arcand Drive. At the end of Arcand Drive, the [Tsongas Arena](#) is straight ahead.

Turn left at the traffic light onto Morissette Blvd. [Wannalancit Mills](#) is one block on the right.

Proceed to the second light at Aiken Street. [UML East, Lelacheur Ball Park and the Campus Recreation Center](#) are on the right.

On Morrisette Blvd., continue to the third light and turn right onto the University Ave Bridge. Once across the bridge, UMass Lowell [North](#) is on either side of the road. Go to the second traffic light and turn right onto Riverside Street. The large commuter parking lot and Costello Gymnasium and pool are at the end of the buildings on the right.

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Nor'Easter Classic

Team Specialty Meet

Costello Gymnasium and Pool

University of Massachusetts – Lowell School Campus, Lowell, Massachusetts

January 20,21 and 22 2012

Nor'Easter Classic Events

Session: 1 Friday Evening - January 20, 2012

Day of Meet: 1 Warm-Up: 6:00 PM

Start: 6:30 PM

Girls Events	Age Group	Event	Boys Events
1	Open	500 Freestyle	2
3	Open	1000 Freestyle	4

Session: 2 Saturday Morning - January 21, 2012

Day of Meet: 1 Warm-Up: 7:00 AM

Start: 8:30 AM

Girls Events	Age Group	Event	Boys Events
5	10 & Under	100 Freestyle	6
7	12 & Under	100 Freestyle	8
9	8 & Under	25 Backstroke	10
11	10 & Under	50 Backstroke	12
13	12 & Under	50 Backstroke	14
15	10 & Under	100 Butterfly	16
17	12 & Under	100 Butterfly	18
19	8 & Under	25 Breaststroke	20
21	10 & Under	50 Breaststroke	22
23	12 & Under	50 Breaststroke	24
25	10 & Under	200 Freestyle	26
27	12 & Under	200 Freestyle	28

Session: 3 Saturday Afternoon - January 21, 2012

Day of Meet: 1 Warm-Up: 1:00 PM

Start: 2:00 PM

Girls Events	Age Group	Event	Boys Events
29	Open	200 IM	30
31	Open	100 Freestyle	32
33	Open	200 Backstroke	34
35	Open	200 Butterfly	36
37	Open	100 Breaststroke	38

Session: 4 Sunday Morning - January 12, 2012

Day of Meet: 2 Warm-Up: 7:00 AM

Start: 8:30 AM

Girls Events	Age Group	Event	Boys Events
39	10 & Under	100 Backstroke	40
41	12 & Under	100 Backstroke	42
43	8 & Under	25 Freestyle	44
45	10 & Under	50 Freestyle	46
47	12 & Under	50 Freestyle	48
49	10 & Under	100 Breaststroke	50
51	12 & Under	100 Breaststroke	52
53	8 & Under	25 Butterfly	54
55	10 & Under	50 Butterfly	56
57	12 & Under	50 Butterfly	58
59	8 & Under	100 IM	60
61	10 & Under	200 IM	62
63	12 & Under	200 IM	64

Session: 5 Sunday Afternoon - January 22, 2012

Day of Meet: 2 Warm-Up: 1:00 PM

Start: 2:00 PM

Girls Events	Age Group	Event	Boys Events
65	Open	200 Freestyle	66
67	Open	100 Backstroke	68
69	Open	50 Freestyle	70
71	Open	200 Breaststroke	72
73	Open	100 Butterfly	74
75	Open	400 IM	76

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University of Massachusetts - Lowell, Massachusetts

January 20- 22, 2012

Sanctioned by NE Swimming # NE-12-03 (TT)

CONTACT INFORMATION

Team Name: _____ Abbreviation: _____

Deck Coach: _____ Phone: _____ Email: _____

Entries Contact: _____ Phone: _____ Email: _____

Address: _____

List Unattached Swimmers: _____

ENTRY FEES

_____ Individual Electronic Entries	@ \$4.00	=	\$ _____
_____ Individual Non-Electronic Entries	@ \$4.50	=	\$ _____
_____ Individual Distance Electronic Entries	@ \$5.00	=	\$ _____
_____ Individual Distance Non-Electronic Entries	@ \$5.50	=	\$ _____
_____ Individual Swimmer Participation Fees	@ \$5.00	=	\$ _____

Total: \$ _____

Make check payable to: New Wave Swim Club, Inc.

Mail entries and check to:
New Wave Swim Club Inc.
Attention: Denise Veenstra
P.O. Box 524
Lowell, MA 01853
978-448-5662

Entry Deadline: January 8, 2012
*For e-mailed entries, this form and payment
must be received within four business days
of your entry e-mail.*

LIABILITY RELEASE

Any swimmer whose entry is accepted will, for him/herself, his/her heirs, executors and administrations, waive and release any and all rights and claims for damages he/she may have against United States Swimming, New England Swimming, New Wave Swim Club, Inc. and University of Massachusetts – Lowell, for any and all injuries suffered by him/her at said meet. **In submitting this entry the undersigned team certifies that all athletes in the entry are registered with USA Swimming and understands that the team may be fined \$100 for each swimmer in the entry that is not registered with USA Swimming.**

Signature of Authorized Team Official

Date