



## Aqua Gems Swimming

In Conjunction With  
Washingtonville Seahawks

P. O. Box 221 Warwick, NY 10990

Phone 973-670-0872

WEBSITE - [www.aquagems.com](http://www.aquagems.com)

### **“November Early Bird Swim Meet – 2011” 9th Annual November 18, 19, & 20 2011 SANCTION # 111110**

Dear Coaches and Team Representatives:

Enclosed please find your sign up package for the Aqua Gems Early Bird Meet Which is being held on November 18, 19, & 20 2010 at Washingtonville High School Washingtonville, NY. Please visit the Metro Web Site at [www.metroswimming.org](http://www.metroswimming.org) or the Aqua Gems site at [www.aquagems.com](http://www.aquagems.com). Team entries should be sent via email using Hy-Tek to Ron Olsen at [earlybird@aquagems.com](mailto:earlybird@aquagems.com) ( 973-670-0872 ). We look forward to as many of you joining in the competition.

Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.

The USA Swimming Code of Conduct is in effect for the duration of the meet.

If you have any questions please do not hesitate to give me call. This is a fun event for us and we hope that you will come and join us. We look forward to seeing you there.

Sincerely,

**Chris Joyce**

Meet Director [swimking@ptd.net](mailto:swimking@ptd.net)

845-527-2653

Dina Mitchell, Meet Referee

email – [dinaa66@ptd.net](mailto:dinaa66@ptd.net)

# Aqua Gems Early Bird Swim Meet – 2011” 9th Annual

November 18, 19, & 20 2011

- SANCTION:** Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., #111110
- LOCATION:** Washingtonville High School Washingtonville, NY
- FACILITY:** 25 yard pool with six 7-foot lanes; Non-turbulent lane lines;  
Ample seating for 400 is available. Colorado electronic timing system and Colorado scoreboard.  
The pool Has been certified in accordance with Article 104.2.2C (4)
- SESSIONS:** **Session: 1 Friday Afternoon Day of meet 1 Warm-up 4:00pm—Start: 4:30pm**  
**Session: 2 Friday Afternoon Day of meet 1 Warm-up immediately Following Session 1 Not before 5:30pm Session start no sooner than 6:15pm**  
**Session 3 Saturday Morning Day of Meet 2 warm-up 8:00AM—Start: 9:00AM**  
**Session 4 Saturday Afternoon Day of Meet 2 warm-up 2:00 PM—Start 3:00 PM**  
**Session 5 Sunday Morning Day of Meet 3 warm-up 8:00 AM—Start 9:00 AM**  
**Session 6 Sunday Afternoon Day of Meet warm-up 2:00 PM—Start 3:00 PM**
- FORMAT:** Events are Timed Finals and will be Deck Seeded
- ELIGIBILITY:** Open to all USA Swimming/Metropolitan Swimming Inc. registered swimmers.  
All swimmers participating in this meet must be registered by the first day of the meet.  
Age on November 18, 2011 will determine age for the entire meet.
- DISABILITY SWIMMERS:** Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition.
- ENTRIES:** **Swimmers are limited to 5 events per session.**  
Cuts to keep within the 4-hour session time limit will be made on entries received on a first come first served basis. The overhead start procedure may be used at the discretion of the meet referee.  
  
Include Team name and contact email and phone number. Entries will be verified by a return email and PDF file attachment of entry lists from Aqua Gems. A subsequent email from originator will be used as acceptance of entries by the submitting team. Lack of a subsequent email from originator may lead to non-verification of entries. Checks for entry fees must be sent to

**Aqua Gems Swimming**  
**PO Box 221, Warwick, NY 10990**

**10 days prior to the day of the meet or delivered the day of the meet to the meet director** The meet will be run on computer using Hy-Tek's Meet Manager. Visit <http://www.metroswimming.org/Calendar/Calendar.html> for the Hy-tek event list. *There will be \$2.00 surcharge per Swimmer for entries not on disk.*

U.S. Mail Entries/Payment to: **Aqua Gems Swimming P.O. Box 221 Warwick NY 10990**  
Email Entries/Confirm Entry Receipt: [earlybird@aquagems.com](mailto:earlybird@aquagems.com)  
**“Please sign signature waiver for express mail entries/payments”**

- DEADLINE:** 1: Metro LSC teams will be given priority on a first come/first served basis. Metro teams entries must be received by **November 6, 2011 by 5:00pm..**  
2: The final entry deadline for this meet is **November 12, 2011.**  
3: Metro entries received between **November 6, 2011** and **November 12, 2011** and all entries from other LSC's will be entered in the order they were received, as space allows.  
An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email.
- ENTRY FEE:** An entry fee of **\$3.00** per individual even must accompany the entries. Make check payable to: **Aqua Gems Swimming**. Payment must be received by **November 12, 2011** or email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet. There will be a \$5.00 entry fee for Time Trials if time permits and this will be at the discretion of the meet referee. Make checks payable to Aqua Gems Swimming.
- WARM-UP:** First 40 minutes will be general warm-up. Last 20 minutes: lanes 2 & 5 will be open for one-way sprint. All other lanes will remain open for general warm-up. Warm up lanes will be posted on either end of the pool.
- SCRATCHES:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- AWARDS:** Individual events: medals: 1st-3rd; ribbons: 4th-6th.
- OFFICIALS:** **Meet Referee: Dina Mitchell email: [dina66@ptd.net](mailto:dina66@ptd.net) 973-903-5755** Officials wishing to volunteer should contact Meet Referee by **November 1, 2011**
- MEET DIRECTOR:** **Chris Joyce email: [swimking@warwick.net](mailto:swimking@warwick.net) Phone # 845-527-2953**
- RULES:** The current USA Swimming Rules and Regulations will apply.  
**The USA Swimming Code of Conduct is in effect for the duration of the meet.**  
The overhead start procedure may be used at the discretion of the meet Referee.
- SAFETY:** Metropolitan Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the meet Referee, any swimmer, coach, club, or spectator for failure to follow the safety rules.  
**"Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer, or the swimmer's legal guardian, to ensure compliance with this requirement"**
- WATER DEPTH:** USA 2011 - 202.3.7 "The meet announcement shall include information about water depth measured for a distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."  
**Water depth at 1 meter is 3 feet 6 inchs and at 5.0 meters is 9 feet 6 inches**
- DISCLAIMER:** **DISCLAIMER:** Upon acceptance of his/her entries, the participant waives all claims against Washingtonville High School and Aqua Gems Swimming, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."
- ADMISSION:** **Adults \$4.00 Program \$3.00 per session**

**MERCHANTS:** A complete snack bar will be available in a classroom removed the seating area including hot breakfast and lunch items. For the afternoon sessions, we will offer hot items such as pizza, hot dogs etc. Food will be available in designated area only. Food or glass bottles will not be allowed in the facility. Our Swimming Merchant will be: **Ultimate Swim Shop**. 463 Main Street, **Metuchen, New Jersey** 08840 1-800-628-SWIM [info@ultimateswimshop.com](mailto:info@ultimateswimshop.com)

**TIMERS** Individual teams are responsible for providing timers for the 1000yd event.

**PARKING:** Park in appropriate marked spots. Illegally parked cars will be towed at the owner's expense.

**DIRECTIONS:** <http://mcms02.ws.k12.ny.us/district/docs/drivingdirections.pdf>

Aqua Gems Early Bird Invitational" – Washingtonville High School  
**November 18, 19, 20, 2011**

**Sanction #**

Please fill in cut, paste and email with your entries

CLUB: \_\_\_\_\_ CLUB CODE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACH: \_\_\_\_\_

PHONE: \_\_\_\_\_ E-MAIL ADDRESS: \_\_\_\_\_

CLUB CONTACT: \_\_\_\_\_ PHONE: \_\_\_\_\_

Entrv Fees: Make check payable to: **Aqua Gems Swimming**

Total Individual Events \_\_\_\_\_ x \$3.50 = \_\_\_\_\_

Total Relay Events \_\_\_\_\_ x \$8.00 = \_\_\_\_\_

Total Swimmers (non-disk surcharge) \_\_\_\_\_ x \$1.00 = \_\_\_\_\_

**TOTAL DUE** \_\_\_\_\_

Mail to: Ron Olsen Email entries – [swimming@ptd.net](mailto:swimming@ptd.net) (Hytek entry event list will be available on the Metro Web-site)– <http://www.metroswimming.org/Calendar/Calendar.html>

Waiver: USA Swimming, Inc., Metropolitan Swimming, Inc., Aqua Gems Swimming, Washingtonville High School, County of Orange or representatives shall be held free and harmless from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of these events.

Signed (Club Official) \_\_\_\_\_

No entries will be processed without this signed waiver.

## Session: 1 Friday Afternoon

**Day of Meet: 1 Warm-up: 4:00pm--Start: 4:30pm**

**Event #      OPEN      Event – Heats may be limited due to timeline**

Finals 1 Girls OPEN 1000 Freestyle

Finals 2 Boys OPEN 1000 Freestyle

## Session: 2 Friday Night

**Day of Meet: 1 Warm-up Immediately Following Session 1 Not before 5:30pm**

**Session Start no sooner than 6:15pm**

**Event #      AGE      Event**

Finals 3 Girls 11-12 200 Freestyle

Finals 4 Boys 11-12 200 Freestyle

Finals 5 Girls 13-14 200 Freestyle

Finals 6 Boys 13-14 200 Freestyle

Finals 7 Girls 10 & Under 200 Freestyle

Finals 8 Boys 10 & Under 200 Freestyle

Finals 9 Girls OPEN 200 Freestyle

Finals 10 Boys OPEN 200 Freestyle

Finals 11 Girls 11-12 200 IM

Finals 12 Boys 11-12 200 IM

Finals 13 Girls 13-14 500 Freestyle

Finals 14 Boys 13-14 500 Freestyle

Finals 15 Girls OPEN 500 Freestyle **Heats may limited due to timeline**

Finals 16 Boys OPEN 500 Freestyle **Heats may be limited due to timeline**

## Session: 3 Saturday Morning

**Day of Meet: 2 Warm-up 8:00 am Start 9:00am**

**Event #      AGE      Event**

Finals 17 Girls 11-12 100 Freestyle

Finals 18 Boys 11-12 100 Freestyle

Finals 19 Girls 9-10 100 Freestyle

Finals 20 Boys 9-10 100 Freestyle

Finals 21 Girls 11-12 100 Breaststroke

Finals 22 Boys 11-12 100 Breaststroke

Finals 23 Girls 9-10 50 Breaststroke

Finals 24 Boys 9-10 50 Breaststroke

Finals 25 Girls 11-12 100 Butterfly

Finals 26 Boys 11-12 100 Butterfly

**Session:3 continued**

Finals 27 Girls 9-10 50 Butterfly  
Finals 28 Boys 9-10 50 Butterfly  
Finals 29 Girls 11-12 50 Backstroke  
Finals 30 Boys 11-12 50 Backstroke  
Finals 31 Girls 9-10 100 Backstroke  
Finals 32 Boys 9-10 100 Backstroke  
Finals 33 Girls 11-12 100 IM  
Finals 34 Boys 11-12 100 IM  
Finals 35 Girls 9-10 200 Medley Relay  
Finals 36 Boys 9-10 200 Medley Relay  
Finals 37 Girls 11-12 200 Medley Relay  
Finals 38 Boys 11-12 200 Medley Relay

**Session: 4 Saturday Afternoon**

**Day of Meet: 2 Warm-up will start 2:00 PM**

**Session Start at 3:00 pm**

<b>Event #</b>	<b>AGE</b>	<b>Event</b>
Finals 39	Girls 13-14	400 IM
Finals 40	Boys 13-14	400 IM
Finals 41	Girls OPEN	400 IM
Finals 42	Boys OPEN	400 IM
Finals 43	Girls 8 & Under	50 Freestyle
Finals 44	Boys 8 & Under	50 Freestyle
Finals 45	Girls	50 Freestyle
Finals 46	Boys	50 Freestyle
Finals 47	Girls 13-14	50 Freestyle
Finals 48	Boys 13-14	50 Freestyle
Finals 49	Girls 8 & Under	50 Breaststroke
Finals 50	Boys 8 & Under	50 Breaststroke
Finals 51	Girls OPEN	100 Breaststroke
Finals 52	Boys OPEN	100 Breaststroke
Finals 53	Girls 13-14	100 Breaststroke
Finals 54	Boys 13-14	100 Breaststroke
Finals 55	Girls 8 & Under	50 Butterfly
Finals 56	Boys 8 & Under	50 Butterfly
Finals 57	Girls OPEN	100 Butterfly
Finals 58	Boys OPEN	100 Butterfly
Finals 59	Girls 13-14	100 Butterfly
Finals 60	Boys 13-14	100 Butterfly
Finals 61	Girls 8 & Under	200 Medley Relay
Finals 62	Boys 8 & Under	200 Medley Relay
Finals 63	Girls OPEN	200 Backstroke
Finals 64	Boys OPEN	200 Backstroke
Finals 65	Girls 13-14	200 Backstroke
Finals 66	Boys 13-14	200 Backstroke
Finals 67	Girls OPEN	200 Medley Relay
Finals 68	Boys OPEN	200 Medley Relay

## Session: 5 Sunday Morning

**Day of Meet: 3 Warm-up 8:00 am Start 9:00am**

<b>Event #</b>	<b>AGE</b>	<b>Event</b>
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Finals 69	Girls 11-12	50 Freestyle
Finals 70	Boys 11-12	50 Freestyle
Finals 71	Girls 9-10	50 Freestyle
Finals 72	Boys 9-10	50 Freestyle
Finals 73	Girls OPEN	200 Breaststroke
Finals 74	Boys OPEN	200 Breaststroke
Finals 75	Girls 11-12	50 Breaststroke
Finals 76	Boys 11-12	50 Breaststroke
Finals 77	Girls 9-10	100 Breaststroke
Finals 78	Boys 9-10	100 Breaststroke
Finals 79	Girls 11-12	100 Backstroke
Finals 80	Boys 11-12	100 Backstroke
Finals 81	Girls 9-10	50 Backstroke
Finals 82	Boys 9-10	50 Backstroke
Finals 83	Girls OPEN	200 Butterfly
Finals 84	Boys OPEN	200 Butterfly
Finals 85	Girls 9-10	100 Butterfly
Finals 86	Boys 9-10	100 Butterfly
Finals 87	Girls 11-12	50 Butterfly
Finals 88	Boys 11-12	50 Butterfly
Finals 89	Girls 9-10	100 IM
Finals 90	Boys 9-10	100 IM
Finals 91	Girls 11-12	200 Free Relay
Finals 92	Boys 11-12	200 Free Relay
Finals 93	Girls 9-10	200 Free Relay
Finals 94	Boys 9-10	200 Free Relay

## Session: 6 Sunday Afternoon

**Day of Meet: 3 Warm-up will start 2:00 PM**

**Session Start at 3:00 pm**

<b>Event #</b>	<b>AGE</b>	<b>Event</b>
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Finals 95	Girls 8 & Under	100 Freestyle
Finals 96	Boys 8 & Under	100 Freestyle
Finals 97	Girls OPEN	100 Freestyle
Finals 98	Boys OPEN	100 Freestyle
Finals 99	Girls 13-14	100 Freestyle
Finals 100	Boys 13-14	100 Freestyle
Finals 101	Girls 8 & Under	50 Backstroke

### **Session 6 continued**

Finals 102 Boys 8 & Under 50 Backstroke  
Finals 103 Girls OPEN 100 Backstroke  
Finals 104 Boys OPEN 100 Backstroke  
Finals 105 Girls 13-14 100 Backstroke  
Finals 106 Boys 13-14 100 Backstroke  
Finals 107 Girls 8 & Under 100 IM  
Finals 108 Boys 8 & Under 100 IM  
Finals 109 Girls OPEN 200 IM  
Finals 110 Boys OPEN 200 IM  
Finals 111 Girls 13-14 200 IM  
Finals 112 Boys 13-14 200 IM  
Finals 113 Girls 8 & Under 200 Freestyle Relay  
Finals 114 Boys 8 & Under 200 Freestyle Relay  
Finals 115 Girls OPEN 400 Freestyle Relay  
Finals 116 Boys OPEN 400 Freestyle Relay  
Finals 117 Girls 13-14 400 Freestyle Relay  
Finals 118 Boys 13-14 400 Freestyle Relay

