

Condors Summer Solstice Invitational

June 1st – 3rd, 2012

Sanction #120606 Time Trial# 120650-T

Invited Teams: All teams within the Metro LSC and Bluefish Swim Club, Cheshire YMCA, NJ Wave, Greenwich Dolphins, Ridgefield Aquatic Club, Morris County Swim Club, West Hartford Aquatic Club, SMST Rapids, JCC on the Palisades Wave Runners, Greenwich Marlins, Cougar Aquatic Team - NJ

Any other teams who would like to be invited, please contact MeetEntries@CondorsSwimming.com

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- SANCTION: Held under the sanction of USA Swimming/Metropolitan Swimming, Inc., Sanction #120606, Time Trial #120650-T Felix Festa Middle School Pool LOCATION: 30 Parrott Road West Nyack, NY 10994 FACILITY: 50 meter pool with 7-foot lanes and non-turbulent lane lines. Colorado electronic timing system and an 8line scoreboard. Seating for 800 spectators. The pool has not been certified in accordance with Article 104.2.2C (4) SESSIONS: Session 1: Friday Afternoon - Warm-Up 4:30 PM, Start 5:30 PM Session 2: Saturday Morning - Warm-Up 7:00 AM, Start 8:00 AM Session 3: Saturday Afternoon - Warm-Up 1:00 PM, Start 2:00 PM Session 4: Sunday Afternoon - Warm-Up 5:00 PM, Start 5:45 PM FORMAT: This will be a timed finals event. This will be a deck seeded event. ELIGIBILITY: Open to all Invited USA Swimming/Metropolitan Swimming Inc. registered swimmers. All swimmers participating in this meet must be registered by the first day of the meet. Age on June 1, 2012 will determine age for the entire meet. DISABILITY Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special SWIMMER: consideration. The athlete (or the athlete's coach) is also responsible for notifying the meet referee of any disability prior to the competition. ENTRIES: Swimmers may be entered in 3 individual events per day. No NT's will be accepted. Invited teams will be given priority in acceptance of entries. Entries will be cut on a first come first serve basis for invited teams. The host team reserves the right to keep its swimmers entered in the meet. Emailed Hy-Tek entry file is preferred. If sending by mail, entries should be sent on disk. A Master Sheet must accompany all entries. U.S. Mail Entries/Payment to: Condors Swim Club **115 North Main Street** New City, NY 10956 Email Entries/Confirm Entry Receipt: MeetEntries@CondorsSwimming.com Sign Express Mail Waiver allowing delivery without signature. DEADLINE: Entries must be received by : May 18, 2012 An email confirming receipt of entries if you provide an email contact. Please contact Meet Director if you do not receive such a report within 2 days of your original email. An entry fee of \$4.00 per individual event must accompany the entries. ENTRY FEE: Make check payable to: Condors Swimming Payment must be received by May 21, 2012 for email entries. Payment must be included with all mail entries. Failure to pay entry fees by this deadline could result in teams being barred from the meet.
- **WARM-UP:** The host team reserves the right to assign lanes for warm-up based on the size of the meet. If lanes are not assigned, the first 40 minutes will be general warm-up. The last 20 minutes will have lanes 2-7 will be open for one-way sprints; lanes 1 & 8 will be designated for pace. Other lanes may be assigned by meet

director's discretion. No diving will be allowed except in designated sprint lanes. All swimmers must be supervised by a coach.

- **SCRATCH:** Coaches will be given scratch sheets upon check-in for each session. All scratches are due no later than 30 minutes prior to the start of the session. Coaches are asked to indicate clearly individual events scratches and which swimmers will not be participating in the session.
- **COACHES:** In accordance with Metropolitan Swimming Inc. Policy, only those coaches who display current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.
- **AWARDS:** Ribbons will be awarded for places $1^{st} 8^{th}$ Awards will be scored for 10 & Unders and 11-12's for the 12 & Under events. Awards will be scored for 13-14's and 15 and Over for the Open events.

OFFICIALS: Meet Referee: Mike Natale Officials wishing to volunteer should contact Meet Referee by email mfnnc45@optonline.net

MEET Jim Wargo, contact information phone: 845-638-4381, email Jim.Wargo@CondorsSwimming.com

- RULES:The current USA Swimming Rules and Regulations will apply.The USA Swimming Code of Conduct is in effect for the duration of the meet.The overhead start procedure may be used at the discretion of the meet Referee.
- WATERUSA 2011 202.3.7 "The meet announcement shall include information about water depth measured for a
distance of 3 feet 3½ inches (1.0 meter) to 16 feet 5 inches (5.0 meters) from both end walls."1.0 meter = 4 feet 6 inches, 5 meters = 13 feet
- DISCLAIMER: DISCLAIMER: Upon acceptance of his/her entries, the participant waives all claims against Clarkstown Central School District, Condors Swim Club, Metropolitan Swimming Inc., USA Swimming Inc., their agents or representatives for any injury occurring as a result of the meet. "It is understood that USA Swimming, Inc. and Metropolitan Swimming, Inc. shall be free from liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event."

AUDIO/VISUAL STATEMENT: Use of Audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

- ADMISSION \$5.00 Adults/session \$3.00 Program/session
- **MERCHANT:** A concession stand will be available throughout the meet.
- **PARKING:** There is ample on-site parking next to the pool. Please park in the school lots to avoid ticketing or towing.

DIRECTION: From North of Rockland County: Take Palisades Interstate Parkway South to Exit 10. Make a left off the exit. Make a left at the first traffic light onto Middletown Road. Take a right at next traffic light onto Germonds Road...

From the George Washington Bridge: Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

From the Tappan Zee Bridge: Take the NYS Thruway (I-87 North) to Exit 13N (Palisades Interstate Parkway – North). Take Palisades Interstate Parkway North to Exit 10. Make a right off the exit onto Germonds Road...

...follow Germonds Road through the intersection of Germonds Road and Route 304 (you will pass Albertus Magnus High School on your right). Make a left onto Parrott Road. The entrance for the pool is down the walkway at the end of the tennis courts.



Friday PM Session 1 Warm-up: 4:30 PM Start: 5:30PM

Girls	Event	Boys
1	12 & Under 100 Fly	2
3	12 & Under 50 Back	4
5	12 & Under 100 Breast	6
7	12 & Under 50 Free	8

Saturday AM Session 2 Warm-up: 7:00AM Start: 8:00AM

Girls	Event	Boys
9	13 & Over 200 Fly	10
11	13 & Over 100 Back	12
13	13 & Over 200 Breast	14
15	13 & Over 100 Free	16

Saturday PM Session 3 Warm-up: 1:00PM Start: 2:00PM

Girls	Event	Boys
17	12 & Under 50 Fly	18
19	12 & Under 100 Back	20
21	12 & Under 50 Breast	22
23	12 & Under 100 Free	24

Sunday PM Session 4 Warm-up: 5:00PM Start: 5:45PM

Girls	Event	Boys		
25	13 & Over 100 Fly	26		
27	13 & Over 200 Back	28		
29	13 & Over 100 Breast	30		
31	13 & Over 50 Free	32		