

DIRECTIONS: SUGGESTED DIRECTIONS: From Eastern Long Island - L.I.E.
to Cross

Isl. Pkwy. North (follow towards Whitestone Expy). Exit at
Linden Place. Make a left at the light (Linden Pl). Follow about
5 blocks to 35th Ave. Make left onto 35th Ave. Go 2 blocks to
Union St. Make right onto Union St. Go 1 block to Northern
Blvd. Make left onto Northern Blvd. The YMCA will be on your
right.

From Triboro Bridge - Take Grand Central Pkwy to Northern
Blvd/Shea Stadium exit. Follow signs to Northern Blvd. YMCA will
be about one mile on the right.

From Whitestone Bridge - Stay to the right when coming off the
bridge. Exit at Linden Place and follow as above.